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<p>(54) Title: <b>CORTICAL BONE SCREW</b></p> <p>(57) Abstract</p> <p>A cortical bone screw assembly comprising a shaft with a threaded section (2) and a cutting and self-tapping end section (3). The assembly includes a nut (14) which includes a resilient body (16). The resilient body (16) can expand to allow translational movement of the nut (14) along the shaft, but when such radial expansion is prevented so is such translational movement. However, the nut (14) can still be moved along the shaft by rotation on the thread (2). This enables the nut (14) to be advanced rapidly along an exposed length of shaft, but when it enters a restricted volume which prevents expansion of the resilient body (16), further advance can only be achieved by relative rotation.</p> <p>The diagram illustrates the cortical bone screw assembly. It features a shaft (2) with a threaded section (2) at the top and a cutting and self-tapping end section (3) at the bottom. A nut (14) is threaded onto the shaft. The nut (14) contains a resilient body (16) that can expand to allow the nut to move laterally along the shaft. Arrows indicate this translational movement. The cutting and self-tapping end section (3) is shown being driven into a bone (13). The diagram also shows a cross-section of the bone (13) with internal structures labeled (1).</p>			

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CORTICAL BONE SCREW

This invention relates to cortical bone screws, and to methods of using such screws in securing plates and the like to bones in the conduct of surgical operations.

Traditionally, bone screws are provided in a variety of different lengths, and are broadly similar in appearance to conventional wood screws. Their use is a cumbersome procedure which requires the careful selection of a screw in each case. The present invention is directed at a bone screw which avoids this selection procedure by being adaptable to a wide range of lengths of hole. By this means, there is no longer any need to keep a range of bone screws for a surgeon's use. In each case the same screw is selected.

According to the invention a bone screw assembly for use in surgical operations comprises a threaded shaft and a nut therefor which nut includes a radially resilient body with a normal internal diameter less than the pitch diameter of the shaft thread, and accommodates radial expansion of the body to allow translational movement of the nut along the shaft over the threads thereof but precluding such translational movement when radial expansion of the body is prevented. Thus, such translational movement of the nut is possible over an exposed length of shaft. However, when the nut is in a restricted volume which prevents expansion of the resilient body, the nut is bound to the shaft by the body. The assembly of the invention is adapted for use in circumstances where final axial movement of the nut is by rotation within a socket to secure the socket or the body in which it is formed, in place.

In assemblies of the invention, portions of the resilient body will upon radial expansion, project beyond the lateral boundary defined by the nut. Thus, this lateral boundary defines the cross-section required to prevent the resilient body from expanding to pass

over the shaft thread in translational axial movement therealong. The resilient body is typically received in an annular groove formed in the nut, and is typically a split ring of resilient material. The housing itself 5 may be formed in two parts to facilitate installation of the resilient body.

Because the nut in the assembly of the invention is adapted to be received in a restricted volume, conventional turning mechanisms that engage the 10 peripheral surface thereof are inappropriate. In assemblies according to the invention therefore, the nut is adapted for coupling to a turning device engaged with its exposed axial end. Typically this is accomplished by the provision of castellations on the nut end, and a 15 turning device may be provided which fits over the exposed length of screw shaft to engage the castellations. This has the advantage of providing for alignment of the turning device with the nut, and in certain variants of the invention the turning device may 20 include a mechanism for severing the exposed length of shaft at the end face of the nut when the nut has been sufficiently tightened.

The restricted volume into which nuts and 25 assemblies of the invention are adapted to be received is typically defined by a socket having an opening with an internal cross-section corresponding to a lateral boundary defined by the nut. The socket can be a sleeve which is axially movable relative to the nut to be 30 engaged therewith when translational movement of the nut along the shaft is to be prevented. Such a socket can be adapted to be received in a plate for example to be secured to a bone surface, enabling the screw to be used to hold the plate against the surface. However, in preferred embodiments of the invention the socket is 35 itself formed as part of the plate whereby the nut is received directly in an opening in the plate having a stepped cross-section. As the nut is received in the

larger cross-section of the opening, which prevents radial expansion of the resilient body, the nut can then be turned to engage the step in the opening, and thereby clamp the plate to the bone surface.

5 While the use of bone screw assemblies according to the invention will normally be in conjunction with a pre-drilled and tapped hole in the bone, the shaft of the screws can be made with a self-tapping section at the end which is driven into the bone. In preferred 10 embodiments, the self-tapping section has a conical cutting end with a plurality of flutes extending axially therefrom across the shaft thread. This enables the screw to be used not only to tap the thread in the hole formed in the bone, but also in the formation of the 15 hole itself. For this purpose, the cutting end may be formed with a plurality of edges with different radii. This enables the hole to be cut progressively at different radii to reduce the generation of heat as the hole is drilled.

20 Flutes in the surface of the screw shaft provide a convenient means by which rotation of the nut on the shaft can be prevented. Thus, the nut may be formed with inwardly projecting pillars for receipt in the flutes, and around which the resilient body extends. In 25 this variant, translational movement of the nut on the shaft is to some extent controlled, and when this is prevented by the nut entering the hole in the plate the rotational "lock" is particularly secure.

Bone screws according to the invention are 30 typically metallic, usually being formed in corrosion resistant alloys. However, in some circumstances the shaft and/or the nut can be formed in plastics materials, and this can be of particular value where a degree of flexibility is desired.

35 An embodiment of the invention will now be described by way of example and with reference to the accompanying schematic drawings wherein:

Figure 1 shows a side view of the shaft of a bone screw assembly in accordance with one embodiment of the invention;

Figures 2a, 2b and 2c illustrate the use of an assembly according to the invention in securing a plate to a bone surface;

Figure 3 is an enlarged perspective view of an assembly in accordance with the invention with the nut shown at the point of entry into an opening in a plate;

Figure 4 is an axial elevation of a radially resilient body for use in an assembly according to the invention; and

Figure 5 is a cross-section through a two piece nut incorporating the resilient body of Figure 4.

The shaft shown in Figure 1 has one plane end 1; a main threaded section 2; and a cutting and self-tapping end section 3. The end section 3 has a cutting end 4 and a conical tapping section 5. The cutting section 4 has three edges 6 of different radii which are progressively used to cut the full diameter of the hole as the shaft is driven into a bone section. Material removed by the cutting edges 6 passes into adjacent flutes 7 extending axially through the external thread of the shaft. The extreme tip of the shaft comprises a pointed tip 10 for accurate location when the cutting exercise is started. As shown the flutes 7 extend the entire length of the shaft.

In Figures 2 the use of an assembly according to the invention is illustrated. As shown in Figure 2a, a plate 11 is located over a bone section 12 in the desired relative orientation. The plate 11 has holes 13, each with a stepped cross-section. The small cross-section is in juxtaposition with the bone section 12. As a first step, the end section 3 of the bone screw shaft of Figure 1 is first driven into the bone section 12 through a hole 13. As noted above, it is either fitted into a hole already prepared in the bone, or

itself acts as the drill making the initial hole. With the shaft in place, a nut 14 having a resiliently flexible locking ring as described below, is fitted over the shaft and driven down the shaft, without rotation, 5 into juxtaposition with the plate 11 over the respective hole 13. In order to traverse the threads of the shaft, the thread is cyclically distorted, and portions of the locking ring traversing the thread project beyond the circular boundaries of the nut 14. The circular 10 boundary of the nut complements the internal diameter of the large cross-section of the hole 13, and as the nut enters the hole the body portions can no longer project beyond the nut boundary. At this point, and using a turning device disposed over the exposed shaft, the nut 15 is turned to tighten against the step in the hole 13 in the plate 11, securing and clamping the plate 11 against the bone section 12. The turning device is then removed, and the exposed length of screw shaft cut at its junction with the exposed face of the nut. By 20 proper selection of the dimensions of the various components, the exposed surfaces of the plate 11, nut 14, and cut shaft can be substantially flush, leaving a smooth surface for further treatment as necessary.

Critical of course to the successful practice of 25 the technique described above with reference to Figures 2 is the nut 14. A suitable construction therefor is now described in a little more detail and with reference to Figures 3 to 5.

As shown in Figure 3, the nut 14 consists of a main 30 cylindrical housing 15 bearing a resilient body in the form of a split ring 16 or a spring section or length of resilient wire bent to engage the thread in its unflexed shape. The ring 16 extends around three pillars 17 connecting upper (18) and lower (19) parts of the 35 housing 15. These pillars 17 are disposed in correspondence with the flutes 7 on the screw shaft, enabling the nut 14 to translate axially along the

shaft, but preclude relative rotation. The upper housing part 18 is formed with castellations to receive a turning device, and the lower housing part 19 is formed with bevelled edges to facilitate location in the 5 respective hole 13 in the plate 11.

The split ring 16 has a normal, unflexed inner diameter less than the pitch diameter of the screw shaft, but normally greater than the trough diameter. Thus, as the nut 14 translates axially along the screw 10 shaft, the ring 16 is cyclically distorted outwardly as it traverses the thread peaks. The normal, unflexed outer periphery of the split ring 16 substantially corresponds to the peripheral boundary of the nut housing 15. The larger cross-section in the respective 15 hole 13 substantially corresponds with that of the nut housing 15, and thus when the nut enters the hole, the split ring 16 is no longer able to expand and the nut is effectively locked on the shaft. The turning device is then applied to the castellations to finally tighten the 20 bone screw, and clamp the plate 11 against the bone section 12.

CLAIMS

1. A cortical bone screw assembly comprising a threaded shaft and a nut therefor, which nut includes a radially resilient body with a normal internal diameter less than the pitch diameter of the shaft thread, and accommodates radial expansion of the body to allow translational movement of the nut along the shaft over the thread thereof, but precluding such translational movement when said radial expansion is prevented.  
5
2. An assembly according to Claim 1 wherein portions of the body project beyond a lateral boundary defined by the nut upon radial expansion to pass over the shaft thread in said translational movement.  
10
3. An assembly according to Claim 1 or Claim 2 wherein the body is received in an annular groove formed in the nut.  
15
4. An assembly according to any preceding Claim when the body is a split ring of resilient material.  
20
5. An assembly according to Claim 4 wherein the resilient material is a spring steel.
6. An assembly according to Claim 4 wherein the resilient material is a plastic material.  
25
7. An assembly according to any preceding Claim wherein the nut is formed with means for coupling with a turning device.  
30
8. An assembly according to Claim 7 wherein the coupling means comprises sockets in a face of the nut for receiving the prongs of a turning device.  
35
9. An assembly according to any preceding Claim wherein the shaft is formed with axially extending flutes on the surface thereof, and the nut is formed with inwardly projecting pillars for receipt in the flutes, and around which the resilient body extends.  
10. An assembly according to any preceding Claim including means for selectively preventing said radial expansion of the body.

11. An assembly according to Claim 2 and Claim 10 wherein the preventing means comprises a socket having an opening with an internal cross-section corresponding to the lateral boundary defined by the nut.
- 5       12. An assembly according to Claim 11 wherein the socket is a sleeve axially movable relative to the nut.
13. An assembly according to Claim 11 wherein the socket is part of a plate to be secured to the surface of a bone, the opening being formed in the remote face 10 of the plate such that the nut has to be turned on the shaft to press the plate against the bone surface.
14. An assembly according to any preceding Claim wherein the unexpanded resilient body precludes rotation of a nut relative to the shaft.
- 15     15. A method of securing a plate to a bone surface with a cortical bone screw having a threaded shaft, which plate has an opening therethrough with a stepped cross-section; the method comprising locating the plate on the bone surface with the larger cross-section of the 20 opening remote therefrom; fitting the screw to the requisite depth in the bone through the opening in the plate; fitting to the exposed end of the screw a nut including a radially resilient body with a normal internal diameter less than the pitch diameter of the 25 shaft thread, and having an external cross-section enabling rotation thereof within the larger cross-section of the opening in the plate; axially translating the nut along the screw shaft to the opening in the plate and rotating the nut in the larger cross-section thereof to tighten the screw and secure the plate 30 against the bone, and sever the exposed length of screw.

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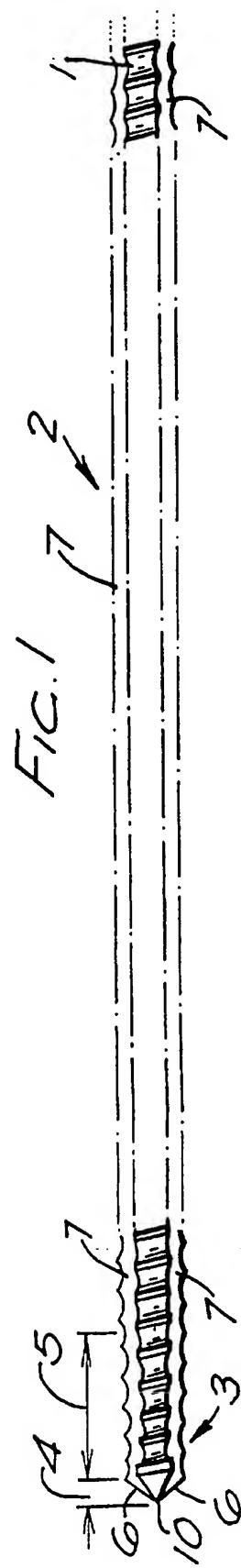


FIG. 1



FIG. 2A

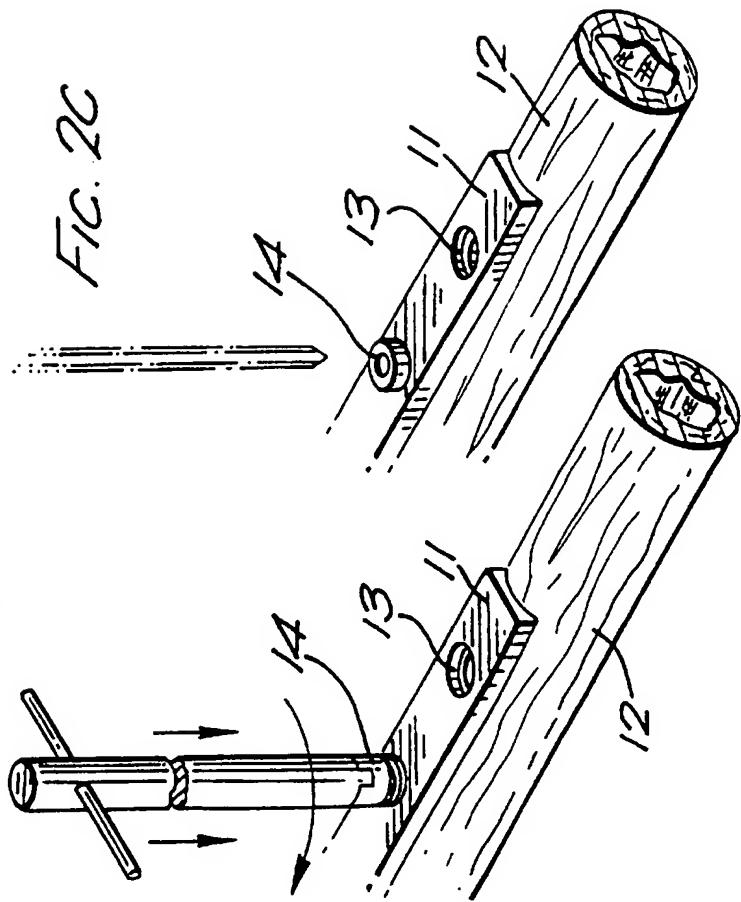


FIG. 2B

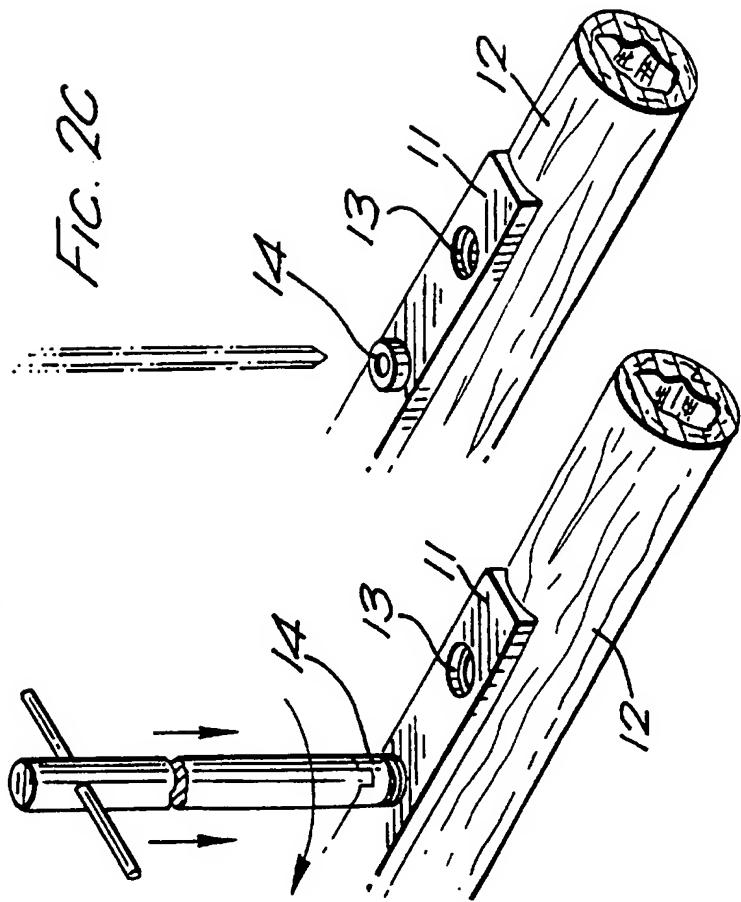


FIG. 2C

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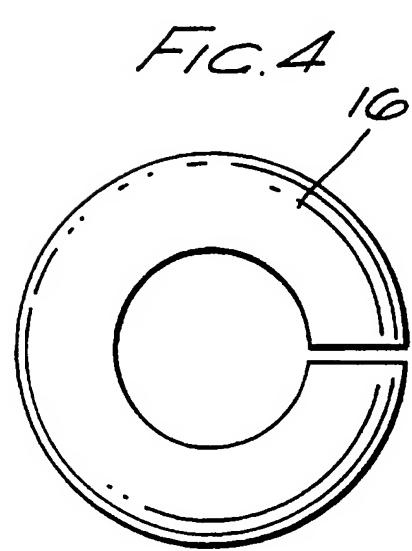
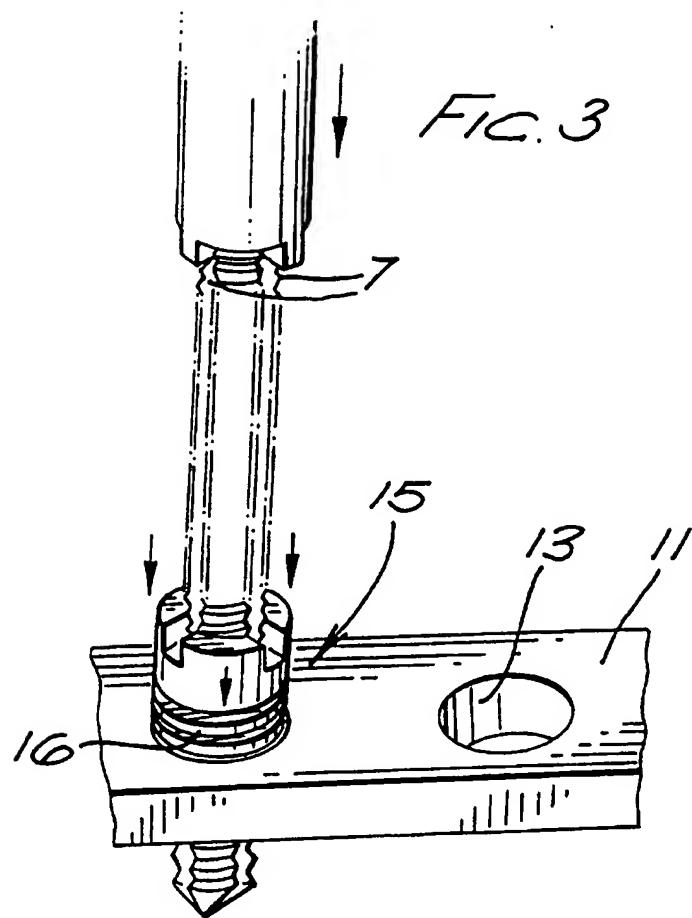
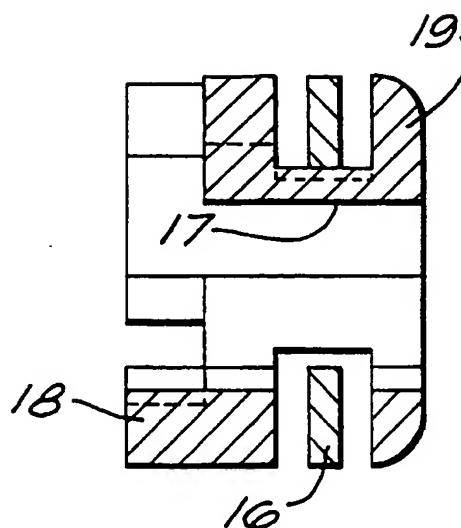


FIG. 5



# INTERNATIONAL SEARCH REPORT

International Application No

PCT/GB 97/01785

**A. CLASSIFICATION OF SUBJECT MATTER**

IPC 6 A61B17/86

According to International Patent Classification (IPC) or to both national classification and IPC

**B. FIELDS SEARCHED**

Minimum documentation searched (classification system followed by classification symbols)

IPC 6 A61B F16B

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the international search (name of data base and, where practical, search terms used)

**C. DOCUMENTS CONSIDERED TO BE RELEVANT**

Category *	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
A	US 5 167 664 A (R.A.HODOREK) 1 December 1992 see the whole document ---	1,7,9, 10,14
A	WO 95 33931 A (HEDLEY PURVIS) 14 December 1995 see page 7, line 5 - page 9, line 10; figure 1A ---	1-5,7,10
A	US 3 550 668 A (J.R.COYLE) 29 December 1970 see claim 1; figure 1 -----	1-4,6-8, 10-14



Further documents are listed in the continuation of box C.



Patent family members are listed in annex.

\* Special categories of cited documents :

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Date of the actual completion of the international search

Date of mailing of the international search report

3 October 1997

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## INTERNATIONAL SEARCH REPORT

International application No.  
PCT/GB 97/01785

### Box I Observations where certain claims were found unsearchable (Continuation of item 1 of first sheet)

This International Search Report has not been established in respect of certain claims under Article 17(2)(a) for the following reasons:

1.  Claims Nos.: 15 because they relate to subject matter not required to be searched by this Authority, namely:  
**Rule 39.1(iv) PCT - Method for treatment of the human or animal body by surgery**
2.  Claims Nos.: because they relate to parts of the International Application that do not comply with the prescribed requirements to such an extent that no meaningful International Search can be carried out, specifically:
3.  Claims Nos.: because they are dependent claims and are not drafted in accordance with the second and third sentences of Rule 6.4(a).

### Box II Observations where unity of invention is lacking (Continuation of item 2 of first sheet)

This International Searching Authority found multiple inventions in this international application, as follows:

1.  As all required additional search fees were timely paid by the applicant, this International Search Report covers all searchable claims.
2.  As all searchable claims could be searched without effort justifying an additional fee, this Authority did not invite payment of any additional fee.
3.  As only some of the required additional search fees were timely paid by the applicant, this International Search Report covers only those claims for which fees were paid, specifically claims Nos.:
4.  No required additional search fees were timely paid by the applicant. Consequently, this International Search Report is restricted to the invention first mentioned in the claims; it is covered by claims Nos.:

#### Remark on Protest

- The additional search fees were accompanied by the applicant's protest.
- No protest accompanied the payment of additional search fees.

**INTERNATIONAL SEARCH REPORT**

Information on patent family members

International Application No

PCT/GB 97/01785

Patent document cited in search report	Publication date	Patent family member(s)	Publication date
US 5167664 A	01-12-92	NONE	
WO 9533931 A	14-12-95	AU 681294 B AU 2623195 A EP 0765441 A NO 965181 A ZA 9504700 A	21-08-97 04-01-96 02-04-97 04-12-96 29-01-96
US 3550668 A	29-12-70	NONE	